

BEGINNER WARM-UPS

UTILIZING BASIC RUDIMENTS

Rolls

1 (4/4)

R L R L R L R L R L R L R L R L R L R L

L R L R L R L R L R L R L R L

INTRODUCE f AND ACCENTS

2 (4/4)

R L R L R L R L R L R L R L R L R L R L

L R L R L R L R L R L R L R L

INTRODUCE 9-STROKE ROLL IN RELATION TO f NOTES

3 (4/4)

R L R L R L R L R L R L R L R L R L R L

L R L R L R L R L R L R L R L

INTRODUCE 5-STROKE ROLLS IN RELATION TO 9-STROKE ROLLS

4 (4/4)

R L R L R L R L R L R L R L R L R L R L

L R L R L R L R L R L R L R L

INTRODUCE LONG ROLL RHYTHMICALLY TO f NOTES

FLAMS

1 (4/4)

L R R L L R R L L R R L L R R L L R R L L

INTRODUCE FLAMS POSITION

2 (4/4)

L R R L L R R L L R R L L R R L L R R L L

INTRODUCE FLAM TA

Back 20 44

BEGINNER WARM-UPS
UTILIZING BASIC RUDIMENTS

PARADIDDLES

1 (4/4)

R L R R L R L L R L R R L
L R L L R L R R L R L L R

INTRODUCE SINGLE
PARADIDDLE

2 (4/4)

R L R L R L R R L R L L R
L R L R L R L L R L R R L

INTRODUCE TRIPLE
PARADIDDLE w/ SINGLE
PARADIDDLE

3 (4/4)

R L R L R R L R L R L L R L

INTRODUCE DOUBLE
PARADIDDLE

RUFFS

1 (4/4)

R L L R L L R L L R R L L R R L L R
L L R L L R L L R L L R L L R L L R

INTRODUCE SINGLE
RUFF

The Thirteen Essential Rudiments

N. A. R. D. Examination Requirements

No. 1.
The Long Roll

L L R R L L R R L L R R etc.

etc. close and open

Metronome $\text{♩} = 132$

No. 2.
The Five-Stroke Roll

L L R R L R R L L R L L R R L R R L L R etc.

etc. close and open

M. $\text{♩} = 100$

No. 3.
The Seven-Stroke Roll

L L R R L L R L L R L L R L L R L L R L L R etc.

etc.

No. 4.
The Flam

L R L R L R L R L R L etc.

etc.

No. 5.
The Flam Accent

L R L R L R L R L R L etc.

etc.

No. 6.
The Flam Paradiddle

L R L R R L R L L L R L R R L R L L L R L R R L R L L L etc.

etc.

No. 7.
The Flam-acue

L R L R L L R R L R L R R L R L R L R L R L R L R etc.

etc.

No. 8.
The Ruff

L L R R L L R R L L R R L etc.

etc.

No. 9.
The Single Drag

L L R L R R L L R L R R L R R L R R L R L R L R L etc.

etc.

No. 10.
The Double Drag

L L R L R L R R L L R R L L R R L R R L R R L R R L R L etc.

etc.

No. 11.
The Double Paradiddle

L R L R L L R L R L R R L R L R L L R L R L R etc.

etc.

No. 12.
The Single Rotamacue

L L R L R L R R L R L R L L R R L R L R R L R L R L R L R L etc.

etc.

No. 13.
The Triple Rotamacue

L L R L R L R R L R L R L L R R L R L R R L R L R L R L R L etc.

etc.

All Rudiments are to be played Open (Slow) and Close (Fast).

The Thirteen Additional Rudiments To Complete The Standard 26 American Drum Rudiments As Adopted by the N. A. R. D.

No. 14
The Single
Stroke Roll

L R L R L R L R L R L R L R etc.

etc.

No. 15
The Nine
Stroke Roll

L L R R L L R R L R R L L R R L L R

etc.

No. 16
The Ten
Stroke Roll

L L R R L L R R L R L L R R L L R R L L R R L L R R L L R R L L R R L R

etc.

No. 17
The Eleven
Stroke Roll

L R R L L R R L L R L L R R L L R L L R R L L R L L R R L L R L L R R L L R

etc.

No. 18
The Thirteen
Stroke Roll

L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L R etc.

etc.

No. 19
The Fifteen
Stroke Roll

L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L R R L L R

etc.

No. 20
The Flam
Tap

L R R R L L L R R R L L R R L L R R L L etc.

No. 21
The Single
Paradiddle

L R L L R L R R L R L L R L R R L R L L R L

No. 22
The Drag
Paradiddle
No. 1

R L L R L R R L R R L R L L R L R R L R R L L R L L R R R

etc.

No. 23
The Drag
Paradiddle
No. 2

R L L R L L R L R R L R R L R R L L R L L etc.

No. 24
The Flam
Paradiddle-
Diddle

L R L R R L L R L R L L R R L R L R R L L R L L R R etc.

No. 25
Lesson 25

L L R L R L L R L R L L R L R L L R L R etc.

(Inverted)

No. 26
The Double
Ratamacue

L L R L L R L L R R L R R L R L L R

The Flam

The Flam is a grace note played just before the note which follows it and with the opposite stick from that which plays the large note. It may be played with either hand.

The Flam is written as follows:

It should sound exactly as the word is pronounced — Flam — the grace note coming just before the large note.

Snare Drum Studies Introducing the Flam

(A) LR RL LR RL LR RL LRLR (B) LR RL LR RL LR RL LR LR

(C) LRL LRL LRL LRL LRL LR LR (D) RRL RRL RRL RRL RRL RRL LR LR

(E) LRLRL LRLRLRLRLRL LRLRL LR LR (F) LRL LRLRL LR LRLRL LRLRLRL LR LR

(G) LR RL LRL LRL LRLRL LR LR (H) LRL LRL LRLRLLR LRLRL LR LR

(I) LR RL RRL RRL RRL LRLRL LR LR (J) RRL RRL RLLRLRL LRLRL LR LR

(A) LR RL LR RL LR RL LRLR (B) LR RL LR RL LR RL LRLR

1 d 2 d 1 d 2 d 1 d 2 d 1 d 2 d 1 d 2 d 1 d 2 d 1 d 2 d 1 d 2 d 1 d 2 d

(C) LRLRL L LRLRL L LRLRL L LRLR (D) RRLRL RRLRL RRLRL LRLR

1 d 2 d 1 d 2 d 1 d 2 d 1 d 2 d 1 d 2 d 1 d 2 d 1 d 2 d 1 d 2 d 1 d 2 d

(E) LRLRL LR L LRLRL LR L LRLRL LR L LR LR (F) LR L LR LRL LR L LR LRL LR LRLRL LR L R

1- d- 2 d 1- d- 2 d 1- d- 2 d 1 d 2 d 1 d 2- d- 1 d 2- d- 1 d 2- d- 1 d 2

(G) LR RL LR L LR L LRLRL LR L LR LR (H) RRL RRL RRLRLRL LR LR RL R RL RL

1 d 2 d 1 d 2 d 1- d- 2 d 1 d 2 d 1 d 2 d 1- d 2- d 1 d- 2 d 1 d 2 d

(I) LR L R RL R L LR L R RL (J) LR RL LR RL LR RL LR

1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3

(K) LR LRLR RL RLRL LR LRLR RL (L) LR LR RL LR LR RL LR LR RL LR

1 2 d 3 d 1 2 d 3 d 1 2 d 3 d 1 2 3 1 2 d 3 1 2 d 3 1 2 d 3 1 2 3

(M) LR L R RL RLRL LR LR RL LR (N) LR RL LR LR RL LR LRL LR RL

1 2 3 1 2 d 3 d 1 d 2 3 1 2 3 1 2 3 1 2 d 3 1 d 2 d 3 1 2 3

(O) LR RL LR RL LR RL LRLRL (P) LR RRL L LR RRL LLR RRL L LR LRL

1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6

(Q) LRLRL LRLRL LRLRL LRLRL (R) LR RRLRL LR RRLRL LR RRLRL LR LRL

1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6

(S) LR R RL L LR LR RL LRLRL LR LR RL (T) LR RRLRL LRLRL LLRL RRLRL LR LRL

1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6 1 2 3 4 5 6

